

# Playschool Program Overview

**\*Program may need to be modified occasionally to fit in accordance to AHS regulations as recommended by Alberta Child Care Services**

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My goal for the Playschool program is to develop a program that is conducive to learning in a positive, fun-filled atmosphere. Children will learn respect, responsibility, kindness and cooperation throughout a daily routine and positive role-modeling.

I believe that a Playschool should be a child-based centre where children can feel safe and successful through activities and experiences. My goal is to provide children a chance to express their individuality through a variety of settings. We will treat each other with respect and kindness as well as celebrate our uniqueness.

As an education-based Playschool, I will strive to achieve specific objectives. These objectives include:

Social

- Be responsible for personal belongings
- Be cooperative and willing to share with others
- Be courteous, prompt, friendly and helpful
- Be accepting of others

Emotional

- To adjust to a new group surrounding away from home
- Overcome shyness and make new friends
- Control and deal with feelings of fear and frustration
- Have a feeling of self-worth and ability to succeed

Physical

- Develop fine and gross motor skills through play and daily activities
- Encourage healthy lifestyle choices in eating habits and physical activity

### Intellectual

- Develop language and listening skills
- Increase ability to make decisions
- Learn to recognize and write own name
- Learn shapes and patterns
- Learn colours
- Learn order of days of the week
- Learn the months of the year
- Learn to recognize and write letters and numbers

### Creativity

- Develop use of imagination
- Express themselves through songs, dance and crafts

Objectives will be met through structured play and activities throughout the day.

A daily routine will be established to help with time-management as well as to help the children have time to explore different activities and centers while getting used to "what comes next".

Being involved in multiple classroom settings over the years, I have learned that not everything will go as planned. Obviously things will be a little different each day and with each class but I truly believe having a sense of "what comes next" really helps to keep the children focused as well as excited for the next transition. I have developed a daily routine which would include the following:

#### Welcome and Circle Time

- With assistance, children will find their name card as well as flip their name card on our attendance board indicating they are here
- Children will have some free time at centers until everyone has arrived
- When class begins, children will meet in a circle to answer a question and say good morning or good afternoon, discuss our attendance board, introduce the "Hoppy Helper", calendar, and daily weather.

### Printing

- We will introduce a letter beginning with what sound it makes
- We will discuss words that might start with that letter and look for letters in the child's name tag, shoes and clothing.
- Children will practice holding the pencil using 3 point grasp and begin forming the letter of the week
- We might use pencil to paper or possibly other letter searching and exploring activities such as wipe off boards and paint bags

### Gym Time

- Gross motor play indoors or out (games, dancing, free play...)

### Bathroom Break

- Use the restrooms if necessary but all children will be required to wash their hands

### Snack Time

- Everyone will be able to eat a snack while socializing with friends at their table

### Library

- As children finish their snack they will be invited to quietly look at books.
- Story read aloud to children

### Craft Time

- Incorporation of different fine motor skills such as colouring, painting, cutting and pasting while expressing our individual creativity. Craft may be based on a specific book read to the children during Library Time.

### Good Bye and Dismissal

- Show and tell
- Teacher, Assistant and parent helper will get children ready to go home and dismissed from East doors.

**Welcome and free play 9:00/12:45 Circle Time 9:30/1:15**

- ✓ Attendance, who's missing?
- ✓ Introduce "Hoppy Helper"
- ✓ Weather sloth/frog
- ✓ Hoppy Helper helps with calendar: month
- ✓ Say Days of the Week , Hoppy Helper points to days of the week. Discuss what day it was yesterday, today and tomorrow.
- ✓ Hoppy Helper points to numbers on calendar as class counts up to current day. Pattern will be discussed.
- ✓ Discuss what the letter of the week is, do we see any other same letters on our nametags, shirts, pants or shoes?
- ✓ Complete a activity dealing with letter of the day/preprinting

**Gym 10:00/1:45**

- ✓ Gross motor skills either indoors in gym or outside in enclosed playground

**Washroom Break 10:20/2:05**

- ✓ Use restroom if necessary but all children need to wash their hands for snack time.

**Snack Time 10:30/2:15**

- ✓ Everyone eats their snack while we discuss what food group the snack belongs to and general quiet talk
- ✓ Children must wash hands after eating

**Library 10:45/2:30**

- ✓ Children quietly look at books while classmates finish their snack.
- ✓ Book is read aloud to children.
- ✓ Demonstrate group craft.

**Group Craft 11:00/2:45**

- ✓ Fine motor skills such as colouring, cutting, painting, etc...
- ✓ Children will create their own craft according to daily plan

**Circle Time 11:35/3:15**

- ✓ Hoppy Helper shows the class his/her "Show and Tell"
- ✓ Give reminders of upcoming special days and letter of the week

**Good Bye and Dismissal 11:45/3:30**

- ✓ The teacher will call the children individually to get their crafts, lunch kit etc...and they will meet the helping parent to get ready to go home
- ✓ Once all children are dressed and ready we will walk them to the east entrance and dismiss as we see parents