



# North Pointe Playschool

*Playschool Readiness Guide and Program Objectives*

Here at North Pointe Playschool we have a program designed to assist your child to grow in areas they have already started to develop. Our program is structured and is not a play group. It is best described as a Kindergarten Readiness program.

Our goal is to have a relatively smooth transition into a structured program for you and your child. These are areas that should be carefully looked at in order for your child to have a fulfilling and successful start to their education.

The following should be considered before registering a child in our Playschool program:

- Is your child able to communicate verbally in the English language?
- Is your child able to be away from you for short periods of time?
- Is your child able to sit at a table for meals and feed themselves?
- Is your child able to recognize the need to use the washroom? Can they pull their pants up and down and wipe themselves? (Staff can only assist with buttons and snaps) Pull-ups are not allowed.
- Can your child dress themselves and put their shoes on?
- Can they wash their hands by themselves?
- Does your child play cooperatively with other children?
- How well does your child react to rules and taking turns?
- Is your child able to stay focused on an activity for at least 5 minutes?

If you are not sure about your child's readiness, please contact the Playschool and we can make an appointment to further discuss your concerns. A lot of the previously mentioned behaviours will be developed further throughout the school year but most of them should hopefully be underway.

*If you answered NO to 5 or more of the points listed, your child may not be ready for our program. We advise you talk to your pediatrician about a referral for an assessment and you may be directed to a different, more specialized program to foster your child's needs.*

*As an education-based Playschool, we will strive to achieve specific objectives in the following areas:*

### *Social*

- Be responsible for personal belongings and treat school toys and tools with respect*
- Be cooperative and willing to take turns with others*
- Listen and respect the teachers and other adults in the room*
- Be polite, friendly and helpful*
- Follow a daily routine*

### *Emotional*

- To adjust to a new group surrounding away from parents and family members*
- Overcome shyness and develop new friendships*
- Control and deal with feelings of fear and frustration in an appropriate manner*
- Have a feeling of self-worth and ability to succeed*
- To gain a feeling of confidence*

### *Physical*

- To further develop fine and gross motor skills through play and daily activities*
- To develop body and spatial awareness*
- Learning how to put on shoes, coat, mitts, snow pants etc...*

- Learning to pull up/down pants when using the washroom
- Learning to wash hands with little to no assistance

### *Intellectual*

- Develop proper language and listening skills
- Increase ability to make decisions
- Develop thinking skills when responding to questions
- Learn shapes, patterns and colours
- Learn to recognize letters and numbers
- Learn the days of the week, months, seasons
- Learn yesterday, today and tomorrow
- Letter and number formation
- Learn to print their own name
- Following instructions and directions to create something

### *Creativity*

- Develop use of imagination
- Express themselves through songs and dance
- Creating crafts as they see it
- Free play at different centres

*Objectives will be met through structured play and activities throughout the daily routine.*

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