

# *Navigating* The Storms of Life

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## **REVIEW**

This week we began a new series “Navigating The Storms Of Life” where we will be exploring how to trust God through life’s difficulties and challenges. Storms are an inevitable part of life, some are self-inflicted, some are created by others, and some storms just happen, but we all experience them. The key to navigating these storms is to prepare by building our lives on the foundation of God’s Word, trusting in God’s presence during the storms, and choosing to depend on God through the storm.

## MY STORY

1. What's the worst storm (literal or metaphorical) you've ever experienced?

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2. If your life was a weather forecast, what would it be right now?

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3. What's the most unexpected challenge you've faced recently?

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4. Share about a time when you felt God's presence during a difficult situation.

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5. What's the best advice you've received about handling life's challenges?

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6. If you could give your younger self advice about handling life's storms, what would it be?

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## DIGGING DEEPER

1. Read John 16:33. How does Jesus' promise of both trouble and peace shape our expectations of life?

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2. How does Psalm 46:1-3 and Isaiah 43:2 describe God's role during times of trouble? Have you experienced this?

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3. How does Philippians 4:6-7 instruct us to handle anxiety? What is the promised result?

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4. Read Psalm 23. What are some of the things that stand out to you in this passage? What is God speaking to you personally through it?

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5. In 2 Corinthians 1:3-4, what purpose does Paul give for the comfort we receive from God?

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6. In Luke 6:47-48, how does Jesus expand on the metaphor of building on a solid foundation?

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7. What does Isaiah 40:8 say about the permanence of God's word compared to other things? How does this encourage you to build your life on a solid foundation?

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8. Read Proverbs 3:1-8. How does this passage instruct us to trust in God? Do you find this challenging? How do you trust God beyond your understanding?

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9. Read Romans 5:1-5. What outcomes does Paul associate with suffering as we trust God through it?

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## TAKE IT HOME

1. What is one thing you hear God speaking to you about through this discussion?

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2. Are there areas in your life you need to begin to build on the foundation of God's Word? How might you begin to do that?

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*"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."*

John 16:33

## PRAYER

## SAYING YES TO JESUS

If you have not made a decision to accept Gods forgiveness through what Jesus did on the cross, you can pray this prayer:

*“Lord Jesus, for too long I’ve kept you out of my life. I know that I am a sinner and that I cannot save myself. No longer will I close the door when I hear you knocking. By faith I gratefully receive your gift of salvation. I am ready to trust you as my Lord and Savior. Thank you, Lord Jesus, for coming to earth. I believe you are the Son of God who died on the cross for my sins and rose from the dead on the third day. Thank you for bearing my sins and giving me the gift of eternal life. I believe your words are true. Come into my heart, Lord Jesus, and be my Savior. Amen.”*

If you prayed this prayer, we would love to walk with you on this new life you are beginning. Visit us at [www.np.church/nextsteps](http://www.np.church/nextsteps) and click on “I Made A Decision To Follow Jesus”