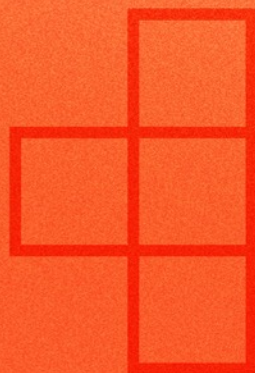
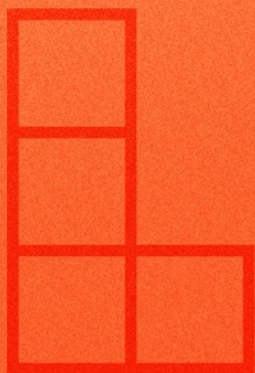


Building Strong Families



Parenting with Purpose

Communication in the Family

Resolving Conflict

Leaving a Godly Legacy

Building Strong Families

PARENTING WITH PURPOSE

Week of February 3, 2025

WATCH or LISTEN



Use the QR code or visit np.church/media to Watch or Listen to the weekends message.

REVIEW

As we start our new series "Building Strong Families we look at "Parenting with Purpose." We looked what it means to raise a family grounded in faith. In Deuteronomy 6 we see a template on how to parent based on faith. We need to Learn Gods Word, we need to Live out Gods Word, we need to put God first by Loving Him with everything we are and Loving others, and we need to become focused on Leading others, including our children by pointing them to Jesus.

The best thing you can do for your children is have a strong faith and relationship with God, and for them to see it at work in your life and in the way you love God and others and the way you lead them towards Christ.

MY STORY

1. How do you define a 'strong family'?

2. Describe a lesson your parent(s) or family member taught you that impacted your life.

3. In your opinion, what's the biggest challenge of parenting in today's world?

4. How do you feel your upbringing shaped your values today?

DIGGING DEEPER

1. Read Proverbs 22:6 - What does it mean to "train up a child in the way he should go"? How can this apply to relationships in your life with other friends and family?

2. Read Psalm 119:105 - In what ways has God's Word guided you in your life and your family?

3. Read James 1:22 - Why is it important not only to hear God's Word but also to do what it says?

4. Read Mark 12:30 - What does it mean to love the Lord with all your heart, soul, and strength? What does that look practically in your life or if you have kids as you parent?

5. Read Deuteronomy 6:7 – How can we be intentional in bringing faith into our daily routines?

6. How can older generations guide younger generations in terms of faith and family?

7. Read 1 John 2:5-6. Who you are, and how you live is speaking so loudly to those we want to influence, our friends, our families and especially our kids. How are you living and what is it saying to those around you?

8. Think about habits and rhythms you currently have. Which ones do you see at beneficial for your children's faith and which ones might you have to change?

TAKE IT HOME

1. If you often prioritize something over faith, and never prioritize your faith over something else, you are clearly demonstrating what you value to your family and those around you. Are there ways that you can be intentional to prioritize your faith over other things?

2. Of the four aspects below, which ones do you feel God as asking you to work on and how might you begin to make some changes this week?

LEARN - Learning Gods Word - 2 Timothy 3:16-17

LIVE - Live Gods Word out - James 1:22

LOVE - Love God and Other - Mark 12:30-31

LEAD - Lead your families and other towards God - Deuteronomy 6:7

"Train up a child in the way he should go; even when he is old he will not depart from it."

Proverbs 22:6

PRAYER

Building Strong Families

COMMUNICATION IN FAMILY

Week of February 10, 2025

WATCH or LISTEN



Use the QR code or visit np.church/media to Watch or Listen to the weekends message.

REVIEW

Communication is a cornerstone of strong families. The way we listen, speak, and handle frustration, can either build unity or create division. God's Word offers wisdom to guide our conversations and interactions at home. Building a strong family requires intentional communication. By being quick to listen, slow to speak, and slow to anger, we can create a home environment filled with love, understanding, and peace. We can commit to applying these biblical principles daily and trust God to transform our families through His wisdom and love.

MY STORY

1. Reflect on a time when miscommunication caused tension in your family. How did it make you feel? How was the situation resolved?

2. Share a moment when someone truly listened to you. How did it impact your relationship?

3. Have you ever spoken words you later regretted? How did they affect your family dynamics? What did you learn from that experience?

DIGGING DEEPER

QUICK TO LISTEN

Proverbs 18:2: "Fools find no pleasure in understanding but delight in airing their own opinions."

1. How can active listening demonstrate love and respect in your relationships and family?

2. How do words spoken in haste affect relationships long-term?

SLOW TO SPEAK

Proverbs 18:21: "The tongue has the power of life and death, and those who love it will eat its fruit."

3. How can our words build up or tear down those in our families, in our lives, and even strangers?

4. Why is it important to pause before speaking, especially in moments of frustration?

5. What steps can we take to ensure our words reflect God's wisdom and grace?

SLOW TO ANGER

Proverbs 14:29: "People with understanding control their anger; a hot temper shows great foolishness."

6. How does unchecked anger impact our relationships with our families?

7. What strategies can help manage anger in a Christ-like way?

8. How can inviting God into our emotions lead to healthier communication?

TAKE IT HOME

1. **Practicing Active Listening:** Identify one family member you can intentionally listen to this week without interrupting or responding immediately. Reflect on how this changes your interactions.

2. **Speaking Life:** Make it a goal to encourage at least one family member each day. Notice how your words affect their mood and connection with you.

3. **Managing Emotions with God's Help:** When frustration arises, take a moment to pray before responding. Ask God to guide your words and emotions.

4. **Family Discussion Time:** Schedule a moment where each family member can share something on their heart, knowing they will be heard and valued.

"My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry." – James 1:19

PRAYER

Building Strong Families

RESOLVING FAMILY CONFLICT

Week of February 16, 2025

WATCH or LISTEN



Use the QR code or visit np.church/media to Watch or Listen to the weekends message.

REVIEW

Family conflicts are a natural part of life, rooted in our human nature. However, navigating these conflicts in a Christ-like way is vital for keeping our relationships strong. The Bible encourages us to prioritize reconciliation rather than letting resentment take hold. It guides us to discuss our issues privately, seek wise counsel when needed, and establish healthy boundaries if necessary. Remember, the aim isn't about winning arguments but about restoring unity through love and patience, reflecting God's grace in our lives.

MY STORY

1. What's one fun or unique thing about your family?

2. Growing up, were you more of a peacemaker or someone who spoke their mind?

3. Have you ever had a misunderstanding that turned into a bigger conflict than expected? What do you think the Root of it was?

4. When it comes to conflict, how do you tend to respond, Fight, Flight or Freeze?

DIGGING DEEPER

1. Read Ephesians 4:31-32. What are we commanded to remove from our hearts, and what should we place it with?

2. Read James 4:1. What causes conflicts among you, and how are we challenged to examine our hearts?

3. Read Matthew 18:15-17. Jesus gives a process for addressing conflicts. What steps does He outline, and why do you think this approach is effective?

4. Read Proverbs 18:17. How are we encouraged to seek wisdom before jumping to conclusions?

5. Read Proverbs 15:1. How does this verse guide us in handling disagreements?

6. Reflect on how you handle disagreements. Do you tend to be gentle or accusatory? Do you talk down to others, or do you seek to understand even more than you seek to be understood?

7. Read Colossians 3:13. How does this instruction shape the way we approach forgiveness?

TAKE IT HOME

1. What are some ways you can practice being more patient and understanding in difficult conversations?

2. What practical boundaries do you need to set in relationships that are unhealthy, while still leaving room for God to work in them?

3. Is there currently conflict with in your family or other relationships? What specific steps will you take to address this conflicts in your life?

"Forgive as the Lord forgave you." -Colossians 3:13

PRAYER

Building Strong Families

LEAVING A GODLY LEGACY

Week of February 23, 2025

WATCH or LISTEN



Use the QR code or visit np.church/media to Watch or Listen to the weekends message.

REVIEW

We all have an expiration date, no one will live forever physically but we do live on eternally spiritually, and here on earth our legacy can last and live on through our impact and influence in the lives of others. We can all leave a legacy worth repeating. Building and leaving a Godly legacy means living in a way today that impacts future generations towards Jesus Christ.

A Godly legacy isn't about being remembered or having a statue put up in your honour, it's about having impacted others younger than you for all of eternity. It's about passing on the most important gift anyone could ever receive, the gift of New Life with Jesus Christ. So, keep on living well and you will leave a legacy that will live beyond you.

MY STORY

1. Have you ever received something from someone who has passed away?

2. What does "leaving a legacy" mean to you?

3. What are some values or beliefs that you hope to pass on to future generations?

4. Share a story about someone in your life who has left a significant legacy?

DIGGING DEEPER

A Godly Legacy begins with a Personal Faith in Jesus

1. Read Deuteronomy 6:5. Before we can influence others in a godly way, we must have a vibrant relationship with God for ourselves. Many people have made Jesus Saviour. “Come forgive me of my sins...I want to go to heaven.” But few have made Jesus their LORD. This is where we say, “Jesus you are at the centre and core of who I am. I live to please you. I live to trust you. I live to place you number one in my life.” How does loving God with all your heart, soul, and strength shape your daily life?

2. What does it mean when you hear that someone can have a “form of godliness but deny its power” in relation to making Jesus both your Saviour and Lord. (2 Timothy 3:5)?

A Godly Legacy Grows through Investment in the Next Generation

3. Read 2 Timothy 1:3-5. How can we actively influence the faith of younger generations? Has anyone done this for you as you grew up?

4. Why do you think it's essential to model authenticity in faith to younger generations?

A Godly Legacy is built on Persistent Prayer

5. In Luke 15:11-24, how can the father's reaction to his son's return offer insights on forgiveness and grace?

6. What is the importance of prayer in leaving a legacy. How does it reflect your relationship with God?

TAKE IT HOME

1. How can you start documenting and sharing your family's faith story with the next generation?

2. Create a list of traditions or practices you'd like to establish in your family to encourage faith.

3. When you think about your legacy, what actions can you take today that reflect your faith and values?

*"Let each generation tell its children of your mighty acts;
let them proclaim your power." -Psalm 145:4*

PRAYER